

RESOLUTION NO. 024-2019

A RESOLUTION SUPPORTING THE UNITED STATES SURGEON GENERAL'S CALL TO ACTION TO PROMOTE WALKING AND WALKABLE COMMUNITIES.

WHEREAS, one out of every two U.S. adults are living with a chronic disease such as heart disease, cancer or diabetes, and;

WHEREAS, these diseases are the leading cause of premature death and disability, and leading drivers of the nation's \$3.3 trillion in annual healthcare costs, and;

WHEREAS, seventy-two percent (72%) of Hancock County adults are overweight according to the 2018 Community Health Assessment, and;

WHEREAS, within the past thirty (30) days, twenty-two percent (22%) of Hancock County adults rated physical health as not good on four (4) or more days, and;

WHEREAS, twelve percent (12%) of Hancock County adults reported being told by a doctor that they have diabetes, and;

WHEREAS, the health of a community's workforce affects economic development and chronic disease increases costs to employers in lost productivity and higher health care expenditures, and;

WHEREAS, physical activity can reduce illness from chronic diseases and premature death. Regular physical activity helps prevent risk factors for disease, such as high blood pressure and weight gain, and protects against multiple chronic diseases, such as heart disease, stroke, some cancers, type 2 diabetes and depression, and;

WHEREAS, an individual's decision to walk can be made easier by programs and policies that provide opportunities and encouragement for walking and by improvements to community walkability, and;

WHEREAS, Step It Up! The Surgeon General's Call to Action to Promote Walking and Walkable Communities calls on Americans to be more physically active through walking and calls on communities to better support walking and walkability, and;

WHEREAS, Step It Up! provides evidence-based strategies to support walking and walkable communities, and;

WHEREAS, the City of Findlay can play an important role in promoting physical activity and building a walkable community, and;

NOW, THEREFORE BE IT RESOLVED by the Council of the City of Findlay, State of Ohio, State of Ohio, supports the United States Surgeon General's Call to Action to Promote Walking and Walkable Communities.

BE IT FURTHER RESOLVED that the City of Findlay will encourage the development of initiatives and programs that support the goals and strategies related to walking and walkable Communities.

WHEREFORE, this Resolution shall take effect and be in force from and after its passage and approval by the Mayor.

Grant C. Russell
PRESIDENT OF COUNCIL Pro-Tem

Christina M. Murphy
MAYOR

PASSED December 17, 2019

ATTEST Devin DeVore
CLERK OF COUNCIL

APPROVED December 17, 2019